Congratulations!

You have been selected to participate in the Integrated Clarkson Experience (ICE). ICE is a new college prep program designed for students who are in their sophomore, junior, and senior years of high school who are currently or were previously involved with the NYSED STEP Program at Clarkson (known as IMPETUS for Career Success). Now that you are in high school, your goals and interests are probably changing as you look forward to after high school. This program is designed to help you as think and plan your future. As a participant in ICE, you will be carefully matched with a Clarkson student mentor who has similar interests. With your mentor you will participate in fun activities while exploring options after high school.

The ICE program is designed to help you deal with challenges you may face as you plan for your future through interaction and experiences with college students. The program will start in January. Each month you will have the opportunity to meet with your mentor during the monthly school visit to Clarkson. The good news is that the program is flexible to match your busy schedule if those times do not work. You will also be able to interact with your mentor outside of the monthly visits. As part of the program, you and your mentor will complete a Road Map to Success booklet to help with important choices that will come up over the next years. In addition, you can participate together in a variety of activities such as the Knight Race, hikes, mock job/college interviews, and a special college visitation day.

We hope you accept this invitation to pair with you a Clarkson University student! To join the ICE, please complete the attached Mentee Profile about your interests and hobbies to create a personalized profile that will be used to pair you with a Clarkson student. Please return your Mentee Profile to your coach. If you have any questions, please contact me by email (jknack@clarkson.edu) or my office phone (315-268-4315).

Sincerely,

Jennifer M. Knack, Ph.D.
Mentoring Director
jknack@clarkson.edu
315-268-4315
ICE PROFILE

Date ________________________

Personal Information:

Name ___________________________________________ __________________________
  First  Middle  Last

Date of Birth ____________________________  Gender: □ Male  □ Female

Preferred t-shirt size: □ Small  □ Medium  □ Large  □ Extra-large  □ XX-large

Name of School ___________________________________ Grade Level ________________

Ethnicity (optional, this information is for mentor/mentee pairing)
□ White/Caucasian  □ Hispanic/Latino  □ Black/African American  □ Asian/Pacific Islander
□ Native American/American Indian  □ Other ________________

Address ____________________________________________________________________________
  Street  City  State  Zip Code

Home phone ____________________________  E-mail address _____________________________

Father/Guardian’s name ________________________________

Work phone ____________________________  Occupation _______________________________

Mother/Guardian’s name ________________________________

Work phone ____________________________  Occupation _______________________________

Emergency contact _________________________ Home phone ____________________________

Work phone ____________________________  Relationship _______________________________

What is your favorite...

Food  _____________________________________________________________________________

Color ____________________________  Book ________________________________

Movie  _____________________________________________________________________________

Music Group ____________________________  Song ________________________________

Person  _____________________________________________________________________________
Your Interests:

1. What are your hobbies and interests?

_____________________________________________________________________________________

_____________________________________________________________________________________

2. Do you participate in any extracurricular activities outside of school (e.g., community service, youth programs, a job)? If yes, please tell us what activities you participate in:

_____________________________________________________________________________________

_____________________________________________________________________________________

3. What do you see yourself doing in 5 years?

_____________________________________________________________________________________

_____________________________________________________________________________________

4. Would you like to go to college after you graduate? □ Yes □ No □ Unsure

5. Is there anything you hope your mentor will be able to assist you with?

_____________________________________________________________________________________

_____________________________________________________________________________________

6. What fun activities would you like to do that is not related to work?

_____________________________________________________________________________________

_____________________________________________________________________________________

7. If you could learn something new, what would it be?

_____________________________________________________________________________________

_____________________________________________________________________________________

8. What interests and activities would you like your mentor to have?

_____________________________________________________________________________________

_____________________________________________________________________________________

9. Tell us something interesting about yourself.

_____________________________________________________________________________________

_____________________________________________________________________________________

_____________________________________________________________________________________
10. Please check all the activities you do or might like to do with your Clarkson mentor:

- [ ] Movies  
- [ ] Tutoring  
- [ ] Hiking  
- [ ] Video games / Computer  
- [ ] Music  
- [ ] Sports  
- [ ] Reading  
- [ ] Roller skate / Ice skate  
- [ ] Eating Out  
- [ ] Sport Events  
- [ ] Miniature Golf  
- [ ] Community Service  
- [ ] Parks  
- [ ] Animals  
- [ ] Cooking  
- [ ] Arts and Crafts  
- [ ] Board Games  
- [ ] Shopping  
- [ ] Bowling  
- [ ] Theatre/Plays  
- [ ] Museums  
- [ ] Other Ideas (please give suggestions of other ideas): ______________

**Match Information:**

What days of the week do you think you’ll usually be available to participate (starting in January)? (check all that apply):

- [ ] Monday  
- [ ] Tuesday  
- [ ] Wednesday  
- [ ] Thursday  
- [ ] Friday  
- [ ] Saturday  
- [ ] Sunday

What is the best time for you to participate? (check all that apply):

- [ ] Afternoons  
- [ ] Evenings  
- [ ] Weekends

Would you be willing to

- [ ] Share your email
- [ ] Be friends on Facebook/Instagram/social media
- [ ] Do you have access to texting
- [ ] Do you use google docs?
- [ ] Do you have internet at home?
- [ ] Do you have your license and access to flexible transportation?

How important is it to you that you and the college student you are paired with share the same interests and activities? Doesn’t matter  

- somewhat important  
- very important

What three words best describe you? ______________________________________________________

**School Information:**

1. List the classes you are taking this year:

_____________________________________________________________________________________

_____________________________________________________________________________________

_____________________________________________________________________________________

_____________________________________________________________________________________

2. What subjects are hard for you?

_____________________________________________________________________________________

_____________________________________________________________________________________

_____________________________________________________________________________________

_____________________________________________________________________________________

3. What subjects do you feel you need help with?

_____________________________________________________________________________________

_____________________________________________________________________________________

_____________________________________________________________________________________

_____________________________________________________________________________________

4. What classes do you like the most?

_____________________________________________________________________________________

_____________________________________________________________________________________

_____________________________________________________________________________________

_____________________________________________________________________________________